



2026 LAGUNA HILLS TRACK AND FIELD MEET SCHEDULE



Schedule

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Time</u>
Wed	11/12	Informational Meeting	Theater	Tutorial
Fri	12/12	Paperwork Due	LHHS Rm P-28	Lunch
Mon	1/5	1 st Day 7 th Period Track	LHHS	3:00
Wed	1/16	Parent Meeting	LHHS	6:00
Mon	2/9	1 st Day of Track and Field Season	LHHS	3:05-4:30
Mon-Fri	2/16-20	Ski Week	<u>We Will Practice</u>	
Tues	2/24	Time Trials	LHHS	3:15
Tues	3/3	@ Fountain Valley	FVHS	3:15
Thurs	3/19	@ Ocean View*	OVHS	3:15
Wed	3/25	Seegerstrom*	LHHS	3:15
Thurs	4/2	@ Fullerton*	FHS	3:15
Mon-Fri	4/6-10	Spring Break	<u>We Will Practice</u>	
Wed	4/15	Valencia*	LHHS	3:15
Thurs	4/23	Empire League Prelims	TBD	2:00- 8:00
Thurs	4/30	Empire League Finals**	TBD	2:00- 8:00
Sat	5/9	CIF Prelims**	Yorba Linda HS	TBD
Sat	5/16	CIF Finals**	Moorpark HS	TBD
Sat	5/23	CIF Masters**	Moorpark HS	TBD
Fri-Sat	5/29-30	CIF State**	Buchanon HS	TBD

Invitationals:

Fri-Sat	3/20-21	Laguna Beach Trophy Invite**	Laguna Beach HS
Sat	3/28	Orange County Championships**	Mission Viejo HS
Sat	4/4	Ocean View Invite	Ocean View HS
Fri-Sat	4/10-11	Arcadia Invitational**	Arcadia HS
Fri-Sat	4/17-18	Mt. SAC Relays**	Mt. SAC

* Denotes League Meet

** Denotes Qualifying Meet

